

The Back-to-School Checklist

The stuff you buy. The decisions you make once. The info you'll need on day one.

Buy the stuff in one trip. Decide the rest before the first bell rings.



THE STUFF (ONE TRIP, DONE)

- | | |
|---|---|
| ☐ Backpack | ☐ Labeled clothes |
| ☐ Shoes that still fit | ☐ Water bottle |
| ☐ Lunchbox | ☐ School supplies list |
| ☐ _____ | ☐ _____ |

THE DECISIONS (ONCE, NOT EVERY MORNING)

	Mon	Tue	Wed	Thu	Fri
Drop-off					
After-school					

Forms due & by when _____

Lunch rotation plan _____

THE INFORMATION (WRITE IT DOWN ONCE)

Teacher name & contact _____

Early-dismissal days _____

School app / portal login _____

THE 30-MINUTE SIT-DOWN

One thing we're deciding right now: _____

Do this once before day one, not in week three, once it's already chaos.

You don't need to solve the whole school year today. Just the recurring stuff, once.